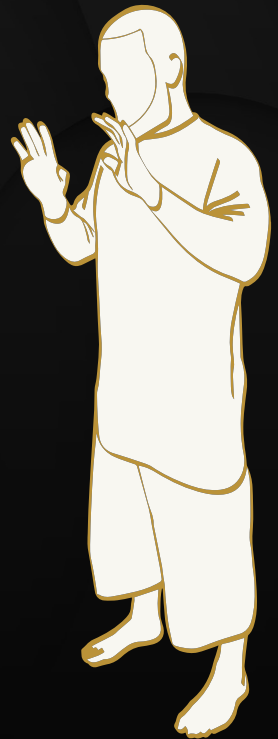


The Muslim Prayer Guide

Easy step-by-step guide to Salah



THE QUR'ĀN PROJECT

OVERVIEW & PURPOSE

This book has been designed for new-Muslims to support them as they begin learning how to pray, in a simple and clear way. It takes you through everything step by step — beginning with Wudu, the way we prepare ourselves before prayer, and then guiding you through each of the five daily prayers. Each part is broken down carefully, with Arabic, English, and simple pronunciation so you can follow along.

Alongside the practical steps, the book also contains, spiritual dimensions and details on other voluntary prayers. There are explanations for the meaning behind the words and movements, so Salah becomes more than just actions — it becomes a moment of connection, reflection, and turning to Allah.

The Muslim Prayer Guide is also available as an app on Android, iOS & Web. Further details can be found on our dedicated website www.muslimprayerapp.com.



Scan to download the
Muslim Prayer App

“The sweetness of this life lies in remembering Him, the sweetness of the next life lies in seeing Him! The next time you proceed for prayer, go because you love Him, go because you miss Him and long to be with Him. Feel your heart flutter. Only then, will you be on your way to attaining that inner peace and comfort Salah was prescribed for.”

May Allah make Salah easy and beloved to you, bless you with tranquillity and peace within it, and make it a light for you in this life and the next. May every prayer bring you closer to Him, strengthen your faith, purify your heart, and fill your life with guidance, mercy, and barakah. (Ameen)



THE QUR'AN PROJECT



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SPIRITUAL DIMENSION

Understanding the Deeper Meaning of Salah

Each position in the prayer — standing, bowing, prostrating, and sitting — carries meaning. These movements are not simply physical, but are moments designed to build humility, focus, and a connection with Allah.

Before the steps of each prayer are given, it is important to understand the spiritual dimension behind every part of Salah. This allows the Believer to approach the prayer with greater awareness, knowing that every movement and word has a purpose.

As you move through the prayer, each position offers an opportunity to pause, reflect, and turn to Allah with sincerity. From standing with attentiveness, to bowing in humility, to prostrating in complete submission, every step brings a different sense of awareness and purpose.

Rather than rushing through the actions, taking a moment to understand what each position represents helps the prayer feel more meaningful and personal. It allows the heart to be present, not just the body.

Understanding these meanings transforms Salah from a routine into a conscious act of worship. It helps develop consistency, strengthens focus, and deepens your connection with Allah over time.



Entering Salah

Beginning the Prayer - Allahu Akbar

Meaning:

“Allahu Akbar” is the key phrase because, with it, we affirm that Allah is Greater than anything occupying us at that moment.

The beginning of the prayer marks a conscious and deliberate transition from the distractions of daily life into the focused presence of Allah. This statement is not merely verbal; rather, it is a declaration of priority. The servant affirms that Allah is Greater than all worries, responsibilities, attachments, and concerns that may occupy the heart and mind.

The raising of the hands symbolises casting aside everything that distracts us. It reflects a physical and spiritual action of leaving behind the dunya and entering into a moment of connection with Allah. At this point, the servant prepares mentally and spiritually to engage fully in Salah.

Benefit:

This step develops focus and sincerity. It reminds the Believer that nothing is more important than standing before Allah. It builds awareness and trains the heart to detach from distractions, allowing the Believer to enter prayer with presence and humility. It establishes the foundation for the entire Salah experience.

Spiritual Reflection:

At this moment, the Believer should feel a complete shift in focus. Everything that was previously occupying the mind is now set aside. The words Allahu Akbar should not just be spoken, but deeply felt — reminding the heart that Allah is Greater than every worry, distraction, and concern.

This reflection brings calmness and clarity. It allows the Believer to enter the prayer with full presence, where the heart is aware that it is standing before Allah.

Practical Impact:

This step trains the Believer to prioritise Allah in all aspects of life. By constantly reminding oneself that Allah is Greater than everything, it becomes easier to manage stress, distractions, and daily pressures.

Over time, this builds discipline and strengthens the habit of turning to Allah first in moments of difficulty, helping the Believer maintain balance and focus in daily life.



Standing in Prayer (Qiyam)

Meaning:

“It is not befitting of us, as servants, but to stand in a position of humility when we face our Lord.”

Standing in prayer reflects the posture of a servant before their Creator. It is a position of humility, attentiveness, and discipline. The servant stands calmly, lowers the gaze, and prepares to recite, demonstrating respect and awareness of Allah.

This posture is intentional. The stillness of the body reflects the stillness of the heart. Lowering the gaze prevents distraction and helps maintain focus. The position of the hands reflects composure and submission.



Benefit:

This position prepares the heart for engagement with Allah. It builds discipline and encourages attentiveness. The servant becomes aware of their reality and their dependence on Allah. It removes arrogance and replaces it with humility, allowing the Believer to approach the rest of the prayer with sincerity and presence.

Spiritual Reflection:

In this position, the Believer should feel humility and awareness. Standing still before Allah reminds the servant that they are completely dependent on Him.

This moment prepares the heart to engage in the prayer. The stillness allows the Believer to settle mentally and spiritually, creating a sense of readiness to speak to Allah sincerely.

Practical Impact:

Standing in prayer develops discipline and focus. It teaches the Believer to control their posture, attention, and thoughts.

This carries into daily life by helping the Believer remain calm, composed, and attentive. It improves concentration and reduces distraction in both worship and everyday responsibilities.



Reciting Surah Al-Fatihah

Meaning:

“The segment where Allah responds to His servant throughout the recitation of Surah Al-Fatihah.”

“I have divided the prayer between Myself and My servant, and My servant shall have what he asks for.”

Surah Al-Fatihah represents a direct conversation between the servant and Allah. Each verse carries meaning and is responded to by Allah. It begins with praise, acknowledges Allah’s mercy and authority, and concludes with a request for guidance.

The structure teaches the proper way of communicating with Allah — beginning with praise and ending with supplication. It transforms recitation into a meaningful dialogue rather than a routine act.

Benefit:

This step strengthens the connection with Allah. It reminds the Believer that their words are heard and responded to. It reinforces dependence on Allah and encourages reflection. It also develops emotional engagement, making the prayer more meaningful and impactful.

Spiritual Reflection:

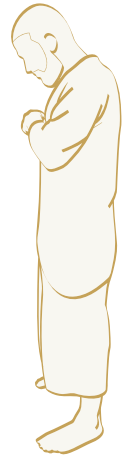
The Believer should feel as though they are in a direct conversation with Allah. Each verse should be recited with awareness, knowing that Allah responds.

This reflection deepens the emotional connection in prayer. It transforms recitation from a routine into a meaningful dialogue, where the servant is fully present.

Practical Impact:

This step teaches the Believer how to communicate with Allah properly — beginning with praise and ending with a request.

It also encourages reflection in daily life. The Believer becomes more mindful in decisions and regularly seeks guidance from Allah.



Bowing (Ruku)

Meaning:

“Subhana Rabbiyya Al-Adheem — How glorified and perfect My Lord is, The Supreme.”

Ruku represents humility through physical action. The servant bows, lowering themselves in recognition of Allah’s greatness. This movement symbolises submission and acknowledgment of Allah’s superiority.



The phrase recited reinforces the perfection and greatness of Allah, reminding the Believer that Allah is free from all imperfections.

Benefit:

Ruku instills humility and removes arrogance. It allows the Believer to reflect on Allah’s greatness and their own position as a servant. The stillness of this position encourages focus and patience. It strengthens the sense of servitude and helps align the body and heart in submission.

Spiritual Reflection:

In this position, the Believer should feel a deep sense of humility and awareness. Bowing is not merely a physical act, but a reflection of the heart lowering itself before Allah. The servant recognises that Allah is the Most Great, and that they themselves are in complete need and dependence.

This moment allows the Believer to pause and reflect on the greatness of Allah. It softens the heart and removes any sense of pride or self-importance. The act of bowing becomes a reminder that true honour comes from submission to Allah, not from status or achievements.

Practical Impact:

Ruku develops humility in a practical and consistent way. By physically lowering oneself in prayer, the Believer trains their character to become more grounded and less attached to ego.

This carries into daily life by improving interactions with others. It encourages patience, respect, and sincerity. Over time, the Believer becomes more conscious of their actions and develops a more humble approach in both speech and behaviour.



Standing After Ruku

Meaning:

Sami'a-Allahu liman hamidah
May Allah answer he who praises Him.

Rabbana wa lakal hamd
Our Lord, all praise belongs to You.

This moment represents acknowledgment and gratitude. After bowing, the servant rises and praises Allah, recognising that Allah hears and responds to praise.



Benefit:

This step reinforces gratitude and keeps the heart engaged. It acts as a transition, preparing the Believer for the next stage of prayer. It reminds the servant to praise Allah before asking, maintaining sincerity and awareness throughout the prayer.

Spiritual Reflection:

At this moment, the Believer should feel a strong sense of gratitude and recognition. After expressing humility in Ruku, the servant rises and acknowledges that Allah hears and responds to those who praise Him.

This creates a powerful connection — the Believer is not just speaking, but is aware that Allah is listening. This awareness strengthens sincerity and brings a deeper sense of presence into the prayer.

It is also a moment of balance between humility and gratitude, where the heart becomes more engaged and aware of Allah's mercy.

Practical Impact:

This step builds a consistent habit of gratitude. The Believer learns to acknowledge blessings and express thanks regularly, not only in prayer but in everyday life.

Over time, this helps develop a positive mindset. It reduces negativity and increases contentment, allowing the Believer to remain grateful even during difficult situations.



Sujood (Prostration)

Meaning:

Subhana Rabbiyal-A'ala
How glorified and perfect My Lord is, The Most High.



Sujood represents complete submission. The servant places the most honoured part of their body, the face — onto the ground. This act symbolises humility and surrender before Allah.

Benefit:

“The closest a servant ever is to His Lord is when he is prostrating.”

This is the peak of closeness to Allah. It allows the Believer to experience deep connection and peace. It is also the best moment for supplication, as the servant is in a state of humility and sincerity. Sujood elevates the soul while lowering the body.

Spiritual Reflection:

In prostration, the Believer should feel the closest connection to Allah. This is the most intimate moment in the prayer, where the servant places their face on the ground in complete submission.

This act brings a deep sense of peace and sincerity. The Believer recognises that despite lowering themselves physically, they are being raised spiritually. It is a moment where the heart feels calm, connected, and fully turned towards Allah.

This is also the most powerful moment for supplication. The servant is encouraged to speak to Allah sincerely, expressing their needs, worries, and hopes.

Practical Impact:

Sujood strengthens reliance on Allah in a practical way. It teaches the Believer to turn to Allah first in times of need, rather than relying solely on worldly solutions.

It also builds the habit of making supplication regularly. Over time, this increases the Believer's connection with Allah and strengthens trust in Him.



Sitting Between the Two Prostrations

Meaning:

‘Rabbighfir li warhamni’

My Lord, forgive me and have mercy on me.

This position reflects a moment of pause and reflection. The servant sits between two acts of submission and turns to Allah with a request for forgiveness.



Benefit:

This step teaches humility and dependence on Allah. The Believer acknowledges their shortcomings and seeks forgiveness sincerely. It reinforces the need for Allah's mercy and encourages reflection, keeping the heart engaged throughout the prayer.

Spiritual Reflection:

This moment should be felt as a pause of humility and reflection. After experiencing closeness in Sujood, the servant sits and turns to Allah with a request for forgiveness.

The Believer becomes aware of their shortcomings and mistakes. It is a moment of honesty and sincerity, where the servant acknowledges their weakness and turns to Allah for mercy. This reflection softens the heart and increases awareness of one's actions.

Practical Impact:

This step builds a habit of self-reflection. The Believer becomes more conscious of their actions and regularly evaluates their behaviour.

It also strengthens the habit of seeking forgiveness. Over time, this leads to personal growth, improved character, and a more sincere relationship with Allah.

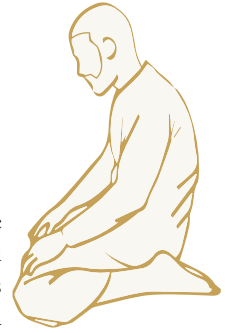


Tashahhud (End of the Rak'ah)

Meaning:

“Words of Praise and Salutations are for Allah, and Prayers and pure words.”

Tashahhud marks the concluding part of the Rak'ah, where the servant sits and recites words that combine praise, remembrance, and affirmation of faith. It is a moment where the Believer acknowledges that all forms of worship, all good words, and all acts of devotion belong solely to Allah.



Benefit:

This step strengthens faith and sincerity. It completes the prayer with a sense of awareness and reflection, allowing the Believer to gather everything experienced throughout the Rak'ah. It reinforces the core beliefs of Islam by reminding the servant of their relationship with Allah and their connection to the Prophet ﷺ. This strengthens identity and deepens understanding of worship.

Spiritual Reflection:

At this stage, the Believer should feel a sense of completion and reflection. After moving through the different stages of the prayer, this moment brings everything together — praise, remembrance, and faith.

It is a time to consciously affirm belief and reconnect with the purpose of worship. The Believer reflects on what has been recited and the connection they have experienced throughout the prayer.

This creates a sense of calmness and fulfilment.

Practical Impact:

This step reinforces faith beyond the prayer itself. It helps the Believer carry the mindset of Salah into daily life.

It strengthens consistency in belief, actions, and behaviour. Over time, it helps the Believer remain mindful of Allah throughout the day, not only during prayer.



WUDU – RITUAL PURIFICATION

(Ablution)

STEP 01

Bismillah

BEFORE WUDU: Intention of making wudu should be done in the heart then say:

bi-smi llāh
In the name of Allah

بِسْمِ اللَّهِ

STEP 02

Hands

(Optional x3)

Completely wash the hands, including the wrists and between the fingers



STEP 03

Mouth

(Optional x3)

Rinse the mouth. Using the right hand put a small amount of water into the mouth, swirl around, then expel.



STEP
04**Nose**

(Optional x3)

Sniff water into the nostrils as far as possible with the right hand, and then sniff it out with left hand.

STEP
05**Face**

(Optional x3)

Wash the face from forehead to chin, left earlobe to the right earlobe making sure the whole face is washed.

STEP
06**Arms**

(Optional x3)

Wash the two arms up to and including the elbows, hand and between the fingers. Begin with the right arm.

STEP
07**Head**

Wipe the head with wet fingers starting at the fringe to the back hairline and back the same way all in one movement.



STEP
08

Ears

Simultaneously wipe the insides of both ears with index finger, and the back of the ears with the thumbs.

STEP
09

Feet

(Optional x3)

Wash the feet including the ankles and between the toes. Begin with the right foot.

STEP
10

Closing Du'a/Invocation

AFTER WUDU: Say:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا رَسُولُ اللَّهِ

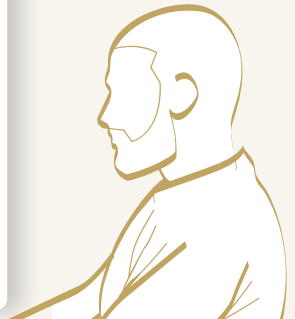
Ash-hadu anllaa ilaaha illallaah wa ash-hadu anna
Muhammadan 'abduhu wa rasooluh

*I bear witness that there is no god worthy of worship except
Allah alone, with no partner, and I bear witness that
Muhammad is His servant and His Messenger.*

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

Allahuma ij-'alnee minat-tawabeen waj-'alnee
minalmutatahireen

*Oh Allah, make me among those who turn in repentance to
you and make me among those who purify themselves.*



The Prophet Muhammad (saw) said:

“Whoever performs Wudu well then says (the mentioned supplication), the eight gates of Paradise will be opened for him to enter through any one he wills.”

— Sahih Muslim

Wudu Tips

Forgetfulness:

If a person forgets whether they have nullified their wudu or not, this does NOT nullify their ablution, regardless of whether the person is praying or not, until they are certain that they have nullified their ablution.

Cleaning After Using The Toilet:

When a person relieves himself, he must cleanse himself of impurities either with water – which is best and most perfect – or with something other than water which will remove the impurities, such as toilet paper, fabric, stones or something else.

Menstruation and Postnatal Bleeding (Nifas):

A menstruating or postnatal woman must not perform Salah (prayer) as long as bleeding continues, and she is not required to make up the prayers she missed during this time.

Actions that Nullify Wudu

The following actions nullify the Wudu – i.e. it has to be performed again in order to pray. These are in regards to both men and women:

1. Passing wind
2. Passing urine or faeces
3. Full mouth vomiting
4. Flowing of blood or pus
5. Deep sleep
6. Unconsciousness or intoxication
7. Touching private parts without a barrier
8. Intimate relations (*After intimate relations, a full bath is mandatory before prayer.*)



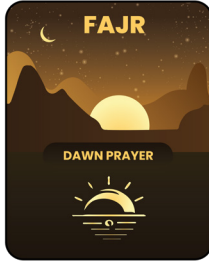
Ghusl (ritual bath)

The recommended way of performing Ghusl (ritual bath) is to begin with performing wudu except washing the feet. Wash your head, then pour water on the right side of your body and then the left — at this stage you can now wash your body as you choose. Finish by washing your feet.



THE FIVE DAILY PRAYERS (SALAH)

Salah is one of the Five Pillars of Islam. Muslims are obligated to perform five prayers daily at specified times. Each prayer consists of a fixed number of rak'at (units of prayer). For your location, visit salahtimes.com



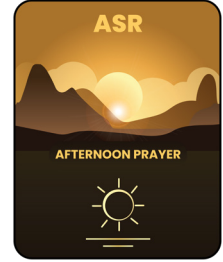
Fajr
Dawn Prayer

Fajr is the first of the five daily prayers, performed at dawn before sunrise. Obligatory units of prayer: 2 rak'at.



Dhuhr
Noon Prayer

Dhuhr is the second prayer of the day, performed after midday when the sun passes its zenith. Obligatory units of prayer: 4 rak'at.



Asr
Afternoon Prayer

Asr is the afternoon prayer, performed in the late afternoon. Obligatory units of prayer: 4 rak'at.



Maghrib
Sunset Prayer

Maghrib is the fourth daily prayer, performed immediately after sunset. Obligatory units of prayer: 3 rak'at.



Isha
Night Prayer

Isha is the final prayer of the day, performed after nightfall. Obligatory units of prayer: 4 rak'at.

Some prayers have extra recommended prayers. Please refer to the Obligatory and Voluntary Prayers chapter.



FAJR PRAYER

Morning Prayer

STEP 01

Face the Qiblah

In a standing position, face the Qiblah (direction of prayer) and make the intention in your heart to pray that particular prayer.

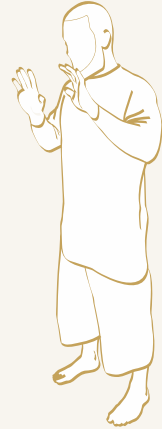


STEP 02

Opening Takbir

“Allahu Akbar”
Allah is Greater

الله أكبر



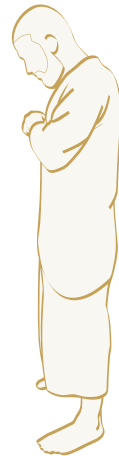
STEP 03

Qiyam - Standing Position

Then place your right hand over your left and read the following supplication

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

Subhānaka Allāhumma wa biḥamdika, wa
tabārakasmuka wa ta‘ālā jadduka, wa lā ilāha
ghayruka



"How perfect You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You."

STEP
04

Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path



7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
 Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
 Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
 'Ameen'

STEP
 05

Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 Bismillah ir Rahman ir Rahim
In the name of Allah, The Most Gracious, Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
 Qul huwal laahu ahad
Say, 'He is Allah, [who is] One,

اللَّهُ الصَّمَدُ
 Allah hus-samad
Allah, the Self-sufficient

لَمْ يَلِدْ وَلَمْ يُولَدْ
 Lam yalid wa lam yoolad
He neither begets nor is born,



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakul-lahu kufuwan ahad

Nor is there to Him any equivalent."

STEP

06

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

07

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP

08

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.



سُبْحَانَ رَبِّيَ أَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

09

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.



STEP

10

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ أَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
11

2nd Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

STEP
11a

2nd Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful

مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense



إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the straight path

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

11b

2nd Rak'ah Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

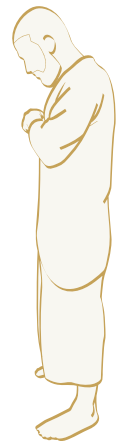
Bismillah ir Rahman ir Rahim

In the name of Allah, The Most Gracious, Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

Qul a'oodhu bi rabbinn naas

Say, "I seek refuge in the Lord of mankind,



مَلِكِ النَّاسِ

Malikin naas

The Sovereign of mankind,

إِلَهِ النَّاسِ

Ilahin naas

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharril waswaasil khannaas

From the evil of the retreating whisperer –

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhee yuwas wisu fi sudoorin naas

Who whispers [evil] into the breasts of mankind –

مِنْ الْجِنَّةِ وَالنَّاسِ

Minal jinnati wan naas

From among the jinn and mankind.

STEP
12

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
13**Qiyam Again - Rise from Ruku**

Return to a standing position saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
14**1st Sajdah - First Prostration**

Say

“Allahu Akbar”

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
15**Sitting between Sajdah**

Sit up saying

“Allahu Akbar”

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

'Rabbighfir li warhamni'

My Lord forgive me and have mercy on me.



STEP

16

2nd Sajdah - Second Prostration

Prostrate yourself again saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

17a

Tashahud - Sitting Testimony

Sit up saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication



التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an la ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu

*and I bear witness that Muhammad is His slave and
Messenger*

STEP

17b

Durood - Blessing upon the Prophet

Then, while still seated, recite the following durood:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Salli 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bless Muhammad and his family



كَمَا صَلَّيْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

Kamaa Sal'aita 'Ala Ibrahima Wa 'Ala Aali Ibrahima

as You blessed Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Inna'ka 'Hamidum Majid

You are the Most-Praised, The Most Glorious

اللَّهُمَّ بَارِكْ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ

Allahumma Baarik 'Ala Muhammadiw Wa 'Ala Aali Muhammadin

O Lord, bestow Your grace on Muhammad and his family

كَمَا بَارَكْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

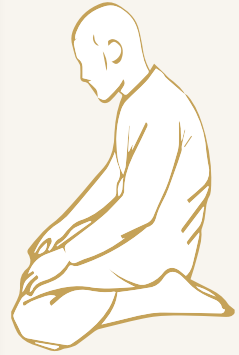
Kamaa Baarakta 'Ala Ibrahima

As You bestowed it on Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Wa 'Ala Aali Ibrahima Inna'ka 'Hamidum Majid

You are the Most-Praised, the Most-Glorious



STEP
18

1st Salaam

Then turn your head to your right shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.



STEP
19**2nd Salaam**

Then turn your head to your left shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
20**End of Prayer**

The 2 rak'ah of Fajr are now complete.



DHUHR PRAYER

Noon Prayer

STEP
01

Face the Qiblah

In a standing position, face the Qiblah (direction of prayer) and make the intention in your heart to pray that particular prayer.



STEP
02

Opening Takbir

“Allahu Akbar”
Allah is Greater

الله أكبر



STEP
03

Qiyam - Standing Position

Then place your right hand over your left and read the following supplication

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

Subhānaka Allāhumma wa biḥamdika, wa
tabārakasmuka wa ta‘ālā jadduka, wa lā ilāha
ghayruka



"How perfect You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You."

STEP
04

Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path



7 صِرْطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
 Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
 Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
 'Ameen'

STEP
 05

Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 Bismillah ir Rahman ir Rahim
In the name of Allah, The Most Gracious, Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
 Qul huwal laahu ahad
Say, "He is Allah, [who is] One,

اللَّهُ الصَّمَدُ
 Allah hus-samad
Allah, the Self-sufficient

لَمْ يَلِدْ وَلَمْ يُولَدْ
 Lam yalid wa lam yoolad
He neither begets nor is born,



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakul-lahu kufuwan ahad

Nor is there to Him any equivalent."

STEP

06

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

07

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP

08

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

09

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.

STEP

10

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
11

2nd Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

STEP
11a

2nd Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful

مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense



إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the straight path

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

11b

2nd Rak'ah Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the name of Allah, The Most Gracious, Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

Qul a'oodhu bi rabbinn naas

Say, "I seek refuge in the Lord of mankind,



مَلِكِ النَّاسِ

Malikin naas

The Sovereign of mankind,

إِلٰهِ النَّاسِ

Ilahin naas

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharril waswaasil khannaas

From the evil of the retreating whisperer –

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhee yuwas wisu fi sudoorin naas

Who whispers [evil] into the breasts of mankind –

مِنَ الْجِنَّةِ وَالنَّاسِ

Minal jinnati wan naas

From among the jinn and mankind.

STEP

12

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
13**Qiyam Again - Rise from Ruku**

Return to a standing position saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
14**Sajdah**

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ أَلْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
15**Sitting between Sajdah**

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

'Rabbighfir li warhamni'

My Lord forgive me and have mercy on me.



STEP

16

2nd Sajdah - Second Prostration

Prostrate yourself again saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

17

Tashahud - Sitting Testimony

Sit up saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him



اَلْسَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu ‘alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

اَلْسَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu ‘alayna wa ‘ala ‘abadillahi assaliheena

Peace be upon us and all of Allah’s righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illā Allāh, wa ash-hadu anna
Muḥammadan ‘abduhu wa rasūluhu

*and I bear witness that Muhammad is His slave and
Messenger.*

STEP
18

3rd Rak‘ah Qiyam

A number of reports from the Prophet Muhammad (saw) that inform us that he raised his hands again just like the beginning of prayer.

Return to a standing position and place your right hand over your left on your chest and say

“Allahu Akbar”
Allah is Greater

اللَّهُ أَكْبَرُ

Then recite the opening chapter (Al-Fatihah) of the Qur’an:



- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path
- 7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,
- 8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray



آمين
'Ameen'

STEP
19

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP
20

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمَدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP
21

1st Sujood - First Prostration

Say

"Allahu Akbar"
Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
22

Sitting between Sajdah

Sit up saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.



STEP
23

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High



STEP
24

4th Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

“Allahu Akbar”
Allah is Greater

الله أكبر

STEP
25

4th Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help



6

أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the Straight Path

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

8

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

26

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme

A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
27

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
28

1st Sujood - First Prostration

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ

and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
29

Sitting between Sajdah - Sitting Between Prostration

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.



STEP

30

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

31a

Tashahud - Sitting Testimony

Sit up saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication



التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an la ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu

*and I bear witness that Muhammad is His slave and
Messenger.*



STEP

31b

Durood - Blessing upon the Prophet

Then, while still seated, recite the following durood:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Salli 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bless Muhammad and his family



كَمَا صَلَّيْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

Kamaa Sal'laita 'Ala Ibrahima Wa 'Ala Aali
Ibrahima

as You blessed Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Inna'ka 'Hamidum Majid

You are the Most-Praised, The Most Glorious

اللَّهُمَّ بَارِكْ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ

Allahumma Baarik 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bestow Your grace on Muhammad and his family

كَمَا بَارَكْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

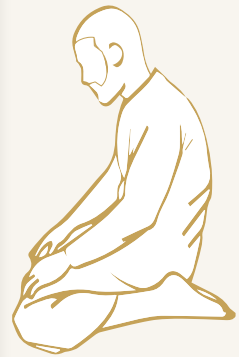
Kamaa Baarakta 'Ala Ibrahima

As You bestowed it on Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Wa 'Ala Aali Ibrahima Inna'ka 'Hamidum Majid

You are the Most-Praised, the Most-Glorious



STEP
32

1st Salaam

Then turn your head to your right shoulder and say

الْسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.



STEP
33**2nd Salaam**

Then turn your head to your left shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
34**End of Prayer**

The 4 rak'ah of Dhuhr are now complete.



ASR PRAYER

Afternoon Prayer

STEP
01

Face the Qiblah

In a standing position, face the Qiblah (direction of prayer) and make the intention in your heart to pray that particular prayer.

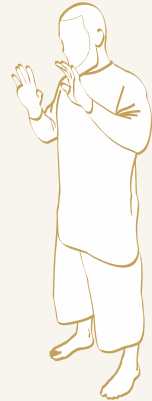


STEP
02

Opening Takbir

“Allahu Akbar”
Allah is Greater

الله أكبر



STEP
03

Qiyam - Standing Position

Then place your right hand over your left and read the following supplication

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ إِلَّا عَزُّكَ

Subhānaka Allāhumma wa biḥamdika, wa
tabārakasmuka wa ta‘ālā jadduka, wa lā ilāha
ghayruka



"How perfect You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You."

STEP
04

Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path



7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
 Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
 Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
 'Ameen'

STEP
 05

Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 Bismillah ir Rahman ir Rahim
In the name of Allah, The Most Gracious, Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
 Qul huwal laahu ahad
Say, "He is Allah, [who is] One,

اللَّهُ الصَّمَدُ
 Allah hus-samad
Allah, the Self-sufficient

لَمْ يَلِدْ وَلَمْ يُولَدْ
 Lam yalid wa lam yoolad
He neither begets nor is born,



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakul-lahu kufuwan ahad

Nor is there to Him any equivalent."

STEP

06

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbi Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

07

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP
08

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
09

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.

STEP
10

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ أَعْلَىٰ

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

11

2nd Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

STEP

11a

2nd Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful

مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense



إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the straight path

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

11b

2nd Rak'ah Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the name of Allah, The Most Gracious, Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

Qul a'oodhu bi rabbin naas

Say, "I seek refuge in the Lord of mankind,



مَلِكِ النَّاسِ

Malikin naas

The Sovereign of mankind,

إِلٰهِ النَّاسِ

Ilahin naas

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharril waswaasil khannaas

From the evil of the retreating whisperer –

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhee yuwas wisu fi sudoorin naas

Who whispers [evil] into the breasts of mankind –

مِنَ الْجِنَّةِ وَالنَّاسِ

Minal jinnati wan naas

From among the jinn and mankind.

STEP

12

Ruku - Bowing Position

Then bow down, then say while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbial Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
13

Qiyam Again - Rise from Ruku

Return to a standing position saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
14

Sajdah

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
15

Sitting between Sajdah

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

Rabbighfir li warhamni

My Lord, forgive me and have mercy on me.



STEP

16

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

17

Tashahud - Sitting Testimony

Sit up saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication



التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

**as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu**

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Ash-hadu an lā ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu**

*and I bear witness that Muhammad is His slave and
Messenger.*



STEP

18

3rd Rak'ah Qiyam

A number of reports from the Prophet Muhammad (saw) that inform us that he raised his hands again just like the beginning of prayer.

Return to a standing position and place your right hand over your left on your chest and say



“Allahu Akbar”
Allah is Greater

الله أكبر

Then recite the opening chapter (Al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path
- 7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,



8

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

19

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme*A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.*

STEP

20

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer be who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
21

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
22

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

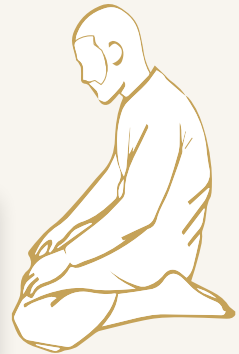
الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.

STEP
23

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

24

4th Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

STEP

25

4th Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

2 اَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

3 الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful



4 مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense

5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

6 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the straight path

7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP
26

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

27

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP

28

1st Sujood - First Prostration

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ

and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High



STEP
29**Sitting between Sajdah**

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أكبر

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.STEP
30**2nd Sajdah - Second Prostration**

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أكبر

and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most HighSTEP
31a**Tashahud - Sitting Testimony**

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أكبر

then say while seated, recite the following supplication



التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyatu lillahi was-salawatu wat-tayyibatu

At-tahiyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an la ilaha illa Allah, wa ash-hadu anna
Muhammadan 'abduhu wa rasuluhu

*and I bear witness that Muhammad is His slave and
Messenger.*

STEP

31b

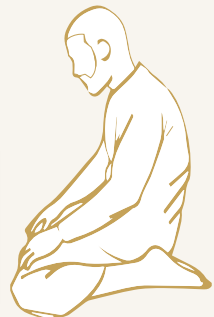
Durood - Blessing upon the Prophet

Then, while still seated, recite the following durood:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Salli 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bless Muhammad and his family



كَمَا صَلَّيْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

Kamaa Sal'laita 'Ala Ibrahima Wa 'Ala Aali Ibrahima

as You blessed Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Inna'ka 'Hamidum Majid

You are the Most-Praised, The Most Glorious

اللَّهُمَّ بَارِكْ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ

Allahumma Baarik 'Ala Muhammadiw Wa 'Ala Aali Muhammadin

O Lord, bestow Your grace on Muhammad and his family

كَمَا بَارَكْتَ عَلَىٰ إِبْرَاهِيمَ وَعَلَىٰ آلِ إِبْرَاهِيمَ

Kamaa Baarakta 'Ala Ibrahima

As You bestowed it on Ibrahim and his family

إِنَّكَ حَمِيدٌ مَّجِيدٌ

Wa 'Ala Aali Ibrahima Inna'ka 'Hamidum Majid

You are the Most-Praised, the Most-Glorious

STEP
32

1st Salaam

Then turn your head to your right shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.



STEP
33**2nd Salaam**

Then turn your head to your left shoulder and say

الْسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
34**End of Prayer**

The 4 rak'ah of Asr are now complete.



MAGHRIB PRAYER

Sunset Prayer

STEP
01

Face the Qiblah

In a standing position, face the Qiblah (direction of prayer) and make the intention in your heart to pray that particular prayer.

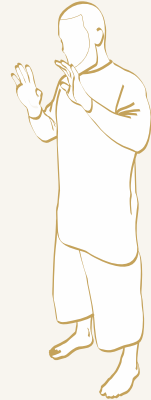


STEP
02

Opening Takbir

“Allahu Akbar”
Allah is Greater

الله أكبر



STEP
03

Qiyam - Standing Position

Then place your right hand over your left and read the following supplication

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

Subhānaka Allāhumma wa biḥamdika, wa
tabārakasmuka wa ta’ālā jadduka, wa lā ilāha
ghayruka



"How perfect You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You."

STEP
04

Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path



7 صِرْطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
 Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
 Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
 'Ameen'

STEP
 05

Tilawah - Qur'anic Recitation

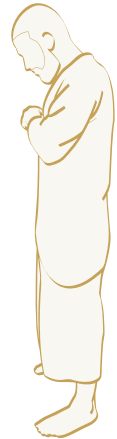
Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 Bismillah ir Rahman ir Rahim
In the name of Allah, The Most Gracious, Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
 Qul huwal laahu ahad
Say, "He is Allah, [who is] One,

اللَّهُ الصَّمَدُ
 Allah hus-samad
Allah, the Self-sufficient

لَمْ يَلِدْ وَلَمْ يُولَدْ
 Lam yalid wa lam yoolad
He neither begets nor is born,



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakul-lahu kufuwan ahad

Nor is there to Him any equivalent."

STEP

06

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

07

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP

08

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

09

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.


STEP

10

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

11

2nd Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

“Allahu Akbar”

Allah is Greater

الله أكبر

STEP

11a

2nd Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

3 الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful



4 مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense

5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

6 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the straight path

7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

11b

2nd Rak'ah Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the name of Allah, The Most Gracious, Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

Qul a'oodhu bi rabbin naas

Say, "I seek refuge in the Lord of mankind,

مَلِكِ النَّاسِ

Malikin naas

The Sovereign of mankind,

إِلَهِ النَّاسِ

Ilahin naas

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharril waswaasil khannaas

From the evil of the retreating whisperer –

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhee yuwas wisu fi sudoorin naas

Who whispers [evil] into the breasts of mankind –

مِنْ الْجِنَّةِ وَالنَّاسِ

Minal jinnati wan naas

From among the jinn and mankind.



STEP
12**Ruku - Bowing Position**

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP
13**Qiyam Again - Rise from Ruku**

Return to a standing position saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
14**Sajdah**

Say

“Allahu Akbar”

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

15

Sitting between Sajdah

Sit up saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.



STEP

16

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”

Allah is Greater

الله أَكْبَرُ

and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High



STEP
17

Tashahud - Sitting Testimony

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أكبر

then say while seated, recite the following supplication

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu
At-tahiyyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu ‘alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

Peace and the mercy and blessings of Allah be upon you, O Prophet.

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu ‘alayna wa ‘ala ‘abadillahi assaliheena
Peace be upon us and all of Allah’s righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

I bear witness that none has the right to be worshipped except Allah

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an la ilāha illā Allāh, wa ash-hadu anna
Muhammadan ‘abduhu wa rasūluhu

and I bear witness that Muhammad is His slave and Messenger.



STEP
18

3rd Rak'ah Qiyam

A number of reports from the Prophet Muhammad (saw) that inform us that he raised his hands again just like the beginning of prayer.

Return to a standing position and place your right hand over your left on your chest and say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

Then recite the opening chapter (Al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help



6 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path

7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
'Ameen'

STEP
19

Ruku - Bowing Position

Say Allahu Akbar, then bow down.
Then say:
Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP
20

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,



سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP
21

1st Sujood - First Prostration

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
22

Sitting between Sajdah - Sitting Between Prostration

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ

then say while seated



رَبِّ اغْفِرْ لِي وَارْحَمْنِي

'Rabbighfir li warhamni'

My Lord forgive me and have mercy on me.



STEP

23

2nd Sajdah - Second Prostration

Prostrate yourself again saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ أَلْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

24a

Tashahud - Sitting Testimony

Sit up saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication



التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him

السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

**as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu**

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

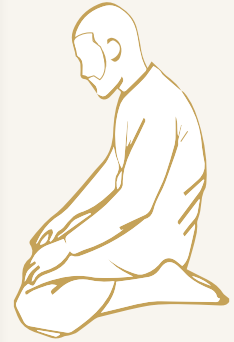
Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Ash-hadu an la ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu**

*and I bear witness that Muhammad is His slave and
Messenger.*



STEP
24b

Durood - Blessing upon the Prophet

Then, while still seated, recite the following durood:



اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Salli 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bless Muhammad and his family

كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ

Kamaa Sal'laita 'Ala Ibrahima Wa 'Ala Aali
Ibrahima

as You blessed Ibrahim and his family

إِنَّكَ حَمِيدٌ مَجِيدٌ

Inna'ka 'Hamidum Majid

You are the Most-Praised, The Most Glorious

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Baarik 'Ala Muhammadiw Wa 'Ala
Aali Muhammadin

O Lord, bestow Your grace on Muhammad and his family

كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ

Kamaa Baarakta 'Ala Ibrahima

As You bestowed it on Ibrahim and his family

إِنَّكَ حَمِيدٌ مَجِيدٌ

Wa 'Ala Aali Ibrahima Inna'ka 'Hamidum Majid

You are the Most-Praised, the Most-Glorious



STEP
25

1st Salaam

Then turn your head to your right shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
26

2nd Salaam

Then turn your head to your left shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
27

End of Prayer

The 3 rak'ah of Maghrib are now complete.



ISHA PRAYER

Night Prayer

STEP
01

Face the Qiblah

In a standing position, face the Qiblah (direction of prayer) and make the intention in your heart to pray that particular prayer.



STEP
02

Opening Takbir

“Allahu Akbar”
Allah is Greater

الله أكبر



STEP
03

Qiyam - Standing Position

Then place your right hand over your left and read the following supplication

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

Subhānaka Allāhumma wa biḥamdika, wa
tabārakasmuka wa ta‘ālā jadduka, wa lā ilāha
ghayruka



"How perfect You are O Allah, and I praise You. Blessed be Your name, and lofty is Your position and none has the right to be worshipped except You."

STEP
04

Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Recompense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path



7 صِرْطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
 Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
 Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
 'Ameen'

STEP
 05

Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 Bismillah ir Rahman ir Rahim
In the name of Allah, The Most Gracious, Most Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
 Qul huwal laahu ahad
Say, "He is Allah, [who is] One,

اللَّهُ الصَّمَدُ
 Allah hus-samad
Allah, the Self-sufficient

لَمْ يَلِدْ وَلَمْ يُولَدْ
 Lam yalid wa lam yoolad
He neither begets nor is born,



وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Wa lam yakul-lahu kufuwan ahad

Nor is there to Him any equivalent."

STEP

06

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP

07

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP

08

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ أَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

09

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.


STEP

10

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
11

2nd Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

STEP
11a

2nd Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

3 الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful



4 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help

5 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path

6 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,

7 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray

آمين
'Ameen'

STEP
11b

2nd Rak'ah Tilawah - Qur'anic Recitation

Continue standing and begin reciting another few verses of the Qur'an

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim

In the name of Allah, The Most Gracious, Most Merciful

قُلْ أَعُوذُ بِرَبِّ النَّاسِ
Qul a'oodhu bi rabbinn naas

Say, "I seek refuge in the Lord of mankind,



مَلِكِ النَّاسِ

Malikin naas

The Sovereign of mankind,

إِلٰهِ النَّاسِ

Ilahin naas

The God of mankind,

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

Min sharril waswaasil khannaas

From the evil of the retreating whisperer –

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

Alladhee yuwas wisu fi sudoorin naas

Who whispers [evil] into the breasts of mankind –

مِنَ الْجِنَّةِ وَالنَّاسِ

Minal jinnati wan naas

From among the jinn and mankind.

STEP

12

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
13**Qiyam Again - Rise from Ruku**

Return to a standing position saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
14**Sajdah**

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ أَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
15**Sitting between Sajdah**

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

'Rabbighfir li warhamni'

My Lord forgive me and have mercy on me.



STEP

16

2nd Sajdah - Second Prostration

Prostrate yourself again saying

"Allahu Akbar"

Allah is Greater

الله أكبر



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

17

Tashahud - Sitting Testimony

Sit up saying

"Allahu Akbar"

Allah is Greater

الله أكبر

then say while seated, recite the following supplication

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahiyyatu lillahi was-salawatu wat-tayyibatu

At-tahiyyat is for Allah. All acts of worship and good deeds are for Him



اَلْسَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

اَلْسَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu

*and I bear witness that Muhammad is His slave and
Messenger.*

STEP
18

3rd Rak'ah Qiyam

A number of reports from the Prophet Muhammad (saw) that inform us that he raised his hands again just like the beginning of prayer.

Return to a standing position and place your right hand over your left on your chest and say

“Allahu Akbar”
Allah is Greater

اللَّهُ أَكْبَرُ

Then recite the opening chapter (Al-Fatihah) of the Qur'an:



- 1 بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
Bismillah ir Rahman ir Rahim
In the Name of Allah—the Most Gracious, Most Merciful.
- 2 الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
Alhamdu lillahi Rabbil alameen
All Praise is (due) to Allah, Lord of the worlds
- 3 الرَّحْمَنِ الرَّحِيمِ
Ar-Rahmanir Raheem
The Entirely Merciful, The Especially Merciful
- 4 مَلِكِ يَوْمِ الدِّينِ
Maliki yawmid deen
Sovereign of the Day of Repense
- 5 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
Iyyaka na'budu wa iyyaka nasta'een
It is You we worship and You we ask for help
- 6 أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
Ihdinas siratal mustaqeem
Guide us to the straight path
- 7 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
Siratal latheena an'amta alayhim
The path of those whom you have bestowed favour,
- 8 غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
Ghayril maghdubi alayhim walad daalleen
not of those who have evoked your anger or of those who are astray



آمين
'Ameen'

STEP
19

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme



A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.

STEP
20

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لَنْ حَمْدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!



STEP
21

1st Sujood - First Prostration

Say

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
22

Sitting between Sajdah

Sit up saying

“Allahu Akbar”
Allah is Greater

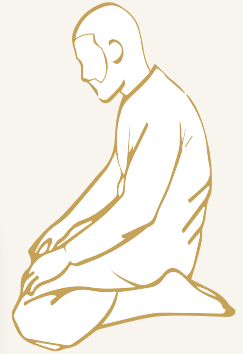
الله أَكْبَرُ

then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

‘Rabbighfir li warhamni’

My Lord forgive me and have mercy on me.

STEP
23

2nd Sajdah - Second Prostration

Prostrate yourself again saying

“Allahu Akbar”
Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ أَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
24

4th Rak'ah Qiyam

Return to a standing position for the second unit of prayer (rak'ah) saying

“Allahu Akbar”

Allah is Greater

الله أكبر

STEP
25

4th Rak'ah Al-Fatihah - Opening Chapter

Whilst standing, recite the opening chapter (al-Fatihah) of the Qur'an:

1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillah ir Rahman ir Rahim

In the Name of Allah—the Most Gracious, Most Merciful.

2

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Alhamdu lillahi Rabbil alameen

All Praise is (due) to Allah, Lord of the worlds

3

الرَّحْمَنِ الرَّحِيمِ

Ar-Rahmanir Raheem

The Entirely Merciful, The Especially Merciful

4

مَلِكِ يَوْمِ الدِّينِ

Maliki yawmid deen

Sovereign of the Day of Recompense



5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

Iyyaka na'budu wa iyyaka nasta'een

It is You we worship and You we ask for help

6

أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Ihdinas siratal mustaqeem

Guide us to the Straight Path

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ

Siratal latheena an'amta alayhim

The path of those whom you have bestowed favour,

8

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

Ghayril maghdubi alayhim walad daalleen

not of those who have evoked your anger or of those who are astray

آمين

'Ameen'

STEP

26

Ruku - Bowing Position

Say Allahu Akbar, then bow down.

Then say:

Three times while bowing with your hands on your kneecaps.

سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhana Rabbiyal Adheem

How glorified and perfect My Lord is, The Supreme

A number of reports from the Prophet Muhammad (saw) inform us that he raised his hands again before and after Ruku - just like the beginning of the prayer.



STEP
27

Qiyam Again - Rise from Ruku

Return to a standing position and keep your hands by your side saying,

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami Allahu liman hamidah

May Allah answer he who praises Him

رَبَّنَا وَلَكَ الْحَمْدُ

'Rabbana wa lakal hamd

Our Lord, for You is all praise!

STEP
28

1st Sujood - First Prostration

Say

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ

and prostrate yourself with the forehead and the nose touching the ground and say while prostrating three times.



سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP
29

Sitting between Sajdah - Sitting Between Prostration

Sit up saying

"Allahu Akbar"

Allah is Greater

اللَّهُ أَكْبَرُ



then say while seated

رَبِّ اغْفِرْ لِي وَارْحَمْنِي

'Rabbighfir li warhamni'

My Lord forgive me and have mercy on me.



STEP

30

2nd Sajdah - Second Prostration

Prostrate yourself again saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ



and repeat the same supplication three times again

سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhana Rabbiyal A'la

How perfect my Lord is, The Most High

STEP

31a

Tashahud - Sitting Testimony

Sit up saying

"Allahu Akbar"

Allah is Greater

الله أَكْبَرُ

then say while seated, recite the following supplication

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ

At-tahyiyatu lillahi was-salawatu wat-tayyibatu

At-tahyiyat is for Allah. All acts of worship and good deeds are for Him



السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

as-salamu 'alayka ayyuha Annabiyyu
warahmatullahi wabarakatuhu

*Peace and the mercy and blessings of Allah be upon you,
O Prophet.*

السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ

Assalamu 'alayna wa 'ala 'abadillahi assaliheena

Peace be upon us and all of Allah's righteous servants.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Ash-hadu anna la ilaha illa Allah

*I bear witness that none has the right to be worshipped
except Allah*

وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illā Allāh, wa ash-hadu anna
Muḥammadan 'abduhu wa rasūluhu

*and I bear witness that Muhammad is His slave and
Messenger.*



STEP
31b

Durood - Blessing upon the Prophet

Then, while still seated, recite the following durood:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Salli 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bless Muhammad and his family



كَأَصَلَّيْتُ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ

Kamaa Sal'laita 'Ala Ibrahima Wa 'Ala Aali
Ibrahima

as You blessed Ibrahim and his family

إِنَّكَ حَمِيدٌ مَجِيدٌ

Inna'ka 'Hamidum Majid

You are the Most-Praised, The Most Glorious

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

Allahumma Baarik 'Ala Muhammadiw Wa 'Ala Aali
Muhammadin

O Lord, bestow Your grace on Muhammad and his family

كَأَبَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ

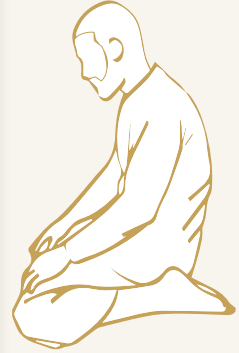
Kamaa Baarakta 'Ala Ibrahima

As You bestowed it on Ibrahim and his family

إِنَّكَ حَمِيدٌ مَجِيدٌ

Wa 'Ala Aali Ibrahima Inna'ka 'Hamidum Majid

You are the Most-Praised, the Most-Glorious



STEP
32

1st Salaam

Then turn your head to your right shoulder and say

اَلسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.



STEP
33**2nd Salaam**

Then turn your head to your left shoulder and say

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As Salaamu Alaikum Wa Rahmatullah

May the peace and mercy of Allah be with you.

STEP
34**End of Prayer**

The 4 rak'ah of Dhuhr are now complete.



THE OBLIGATORY AND VOLUNTARY PRAYERS

The table below shows the number of obligatory and voluntary prayers together with the number of units of each prayer which are known as ‘Rak’ah’. Rak’ah are cycles of movement and recitations and are repeated for a specific number of times within each prayer.

There are five obligatory prayers each day. These prayers are called “Fard” (obligatory). The obligatory prayers are highlighted in the table.

The table also shows voluntary prayers with the number of (Rak’ahs). The additional prayers are known as (Sunnah).

Prayer	Before (Sunnah)	The obligatory prayers	After (Sunnah)
Fajr	2	2	-
Dhuhr	2 or 4	4	2
Asr	-	4	-
Maghrib	-	3	2
Isha	-	4	2

Witr Salah

A highly emphasized sunnah prayer. Prayed after Isha, typically consisting of an odd number of rak’at (1, 3, 5, 7, or up to 11). The final rak’ah includes the Dua al-Qunut (a supplication recited in the standing position after ruku). It is the last prayer of the night and should not be left without a valid reason according to many scholars. In the last rak’at, after ruku and whilst standing, raise your hands and supplicate:

اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ، وَعَافِنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ تَوَلَّيْتَ، وَبَارِكْ لِي فِيمَا أَعْطَيْتَ،
وَقِنِّي شَرَّ مَا قَضَيْتَ، فَإِنَّكَ تَقْضِي وَلَا يُقْضَى عَلَيْكَ، وَإِنَّهُ لَا يَذِلُّ مَنْ وَالَيْتَ، وَلَا يَعْزُّ مَنْ
عَادَيْتَ، تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ

Allahumma ihdini fiman hadayt, wa ‘afini fiman ‘afayt, wa tawallani fiman
tawallayt, wa barik li fima a’tayt, wa qini sharra ma qadayt, fa innaka taqdi wa la
yuqda ‘alayk, wa innahu la yadhillu man walayt, wa la ya’izzu man ‘adayt, tabarakta
rabbana wa ta’alayt



O Allah, guide me among those You have guided, grant me well-being among those You have granted well-being, take me into Your care among those You have taken into Your care, bless me in what You have given, and protect me from the evil of what You have decreed. For You decree and none can decree over You. Indeed, he is not humiliated whom You befriend, nor is he honoured whom You oppose. Blessed are You, our Lord, and Exalted.

Praying whilst travelling

The prayer for the traveller allows a Muslim who is travelling a recognised distance (roughly 48 miles or more) to shorten the four unit prayers - Dhuhr, Asr and Isha - from four units to two, while Fajr remains two and Maghrib remains three. A traveller can begin shortening once they have left their home area and continue until they return. To pray, you simply perform the prayer as normal but stop at two units instead of four, with the same recitation and actions. It is also allowed to combine Dhuhr with Asr and Maghrib with Isha at one time if needed, making things easier during the journey. This concession is a mercy from Allah to make worship manageable and easier while travelling.



OCCASIONAL PRAYERS

Along with the 5 obligatory daily prayers, there are other special prayers, each with its own occasion, method, and reward.

01 Janazah Salah (Funeral Prayer)

A communal obligatory prayer performed for a deceased Muslim. It consists of 4 takbeers (saying Allahu Akbar) while standing, with no ruku (bowing) or sujud (prostration).

- After 1st Takbir, recite Surah al-Fatihah
- After 2nd Takbir, recite send salutations upon the Prophet ﷺ, like you would do in the prayer, “Allahumma salli ala Muhammad....”
- After 3rd Takbir recite the below supplication
- After 4th Takbir, you end the prayer with Salam as in the prayer.

اللَّهُمَّ اغْفِرْ لَهُ وَارْحَمْهُ ، وَعَافِهِ وَاعْفُ عَنْهُ ، وَأَكْرِمْ نُزُلَهُ ، وَوَسِّعْ مُدْخَلَهُ ، وَاعْسِلْهُ
بِالْمَاءِ وَالتَّلْجِ وَالْبَرَدِ ، وَنَقِّهِ مِنَ الْخَطَايَا كَمَا نَقَّيْتَ الثَّوْبَ الْأَبْيَضُ مِنَ الدَّنَسِ ،
وَأَبْدِلْهُ دَارًا خَيْرًا مِنْ دَارِهِ ، وَأَهْلًا خَيْرًا مِنْ أَهْلِهِ ، وَزَوْجًا خَيْرًا مِنْ زَوْجِهِ ، وَأَدْخِلْهُ
الْجَنَّةَ ، وَأَعِذْهُ مِنْ عَذَابِ الْقَبْرِ وَعَذَابِ النَّارِ

Allaahum-maghfir lahu warhamhu, wa 'aafihi, wa'fu 'anhu, wa 'akrim nuzulahu,
wa wassi' mudkhalahu, waghsilhu bilmaa'i waththalji walbaradi, wa naqqi-
hi minal-khataayaa kamaa naqqaytath-thawbal-'abyadha minad-danasi, wa
'abdilhu daaran khayran min daarihi, wa 'ahlan khayran min 'ahlihi, wa zawjan
khayran min zawjihi, wa 'adkhilul-jannata, wa 'a'ichhu min 'athaabil-qabri [wa
'athaabin-naar]

O Allah, forgive him and have mercy on him and give him strength and pardon him. Be generous to him and cause his entrance to be wide and wash him with water and snow and hail. Cleanse him of his transgressions as white cloth is cleansed of stains. Give him an abode better than his home, and a family better than his family and a wife better than his wife. Take him into Paradise and protect him from the punishment of the grave [and from the punishment of Hell-fire].

02 Eid Salah

Performed on the mornings of Eid al-Fitr and Eid al-Adha, it consists of 2 rak'ah with additional takbeers. It is followed by a khutbah (sermon).

03 Tahajjud Salah (Night Vigil Prayer)

Tahajjud is a voluntary (nafl) prayer performed during the last third of the night, after waking from sleep. It is one of the most virtuous and beloved acts of worship in Islam.

04 Salat al-Istikharah (Guidance Prayer)

Salat al-Istikharah is performed seeking Allah's guidance in any of your affairs (e.g. marriage etc). Following any 2 rak'ah optional prayer, you supplicate with this dua:

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ عَلَّامُ الْغُيُوبِ اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أُمْرِي فَاقْضُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ شَرٌّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أُمْرِي فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ، وَاقْضُ لِي الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ

Allahumma innee astakheeruka bi 'ilmika wa astaqdiruka bi qadratika wa as'aluka min fadlika al-'adheem fa innaka taqdiru wa la aqdiru wa ta'lamu wa la a'lamu wa anta 'allaam ul-ghuyoob. Allahumma in kunta ta'lamu anna haadha al-amra khayrun lee fee deenee wa ma'aashee wa 'aaqibati amree faqdurhu lee wa yassirhu lee thumma baarik lee feehi wa in kunta ta'lamu anna haadha al-amara sharrun lee fee deenee wa ma'aashee wa 'aaqibati amree fasrifhu 'annee wasrifnee 'anhu waqdur lee al-khayra haythu kaana thumma ardinnee bih

O Allah, I seek Your guidance (in making a choice) by virtue of Your knowledge, and I seek ability by virtue of Your power, and I ask You of Your great bounty. You have power, and I do not. You know, and I know not, and You are the Knower of the unseen. O Allah, if You know that this matter [mention the thing to be decided] is good for me in my religion, my livelihood, my worldly affairs, and in the hereafter then decree it for me, make it easy for me, and bless it for me. And if You know that this matter is bad for me in my religion, my livelihood, my worldly affairs, and in the hereafter then turn it away from me and turn me away from it, and decree for me the good wherever it may be and make me content with it.

05 Tahiyyat al-Masjid (2 Rak'ah Upon Entering the Masjid)

A sunnah prayer of 2 rak'ah performed upon entering a mosque before sitting down. Based on the hadith in which the Prophet ﷺ instructed a person not to sit until they had prayed two rak'ah.

06 Salat al-Tarawih (Ramadan Night Prayer)

A voluntary night prayer performed after Isha during Ramadan, usually consisting of 8 or 20 rak'ahs.



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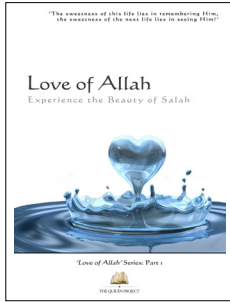


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